



AID TO
DISABLED VETERANS OF ISRAEL
(CANADA)

For immediate release

For more information, interviews, or images:

Marilynne Friedman, Beit Halochem Canada: marilynne@beithalochem.ca; 905.695.0611

Courage in Motion 2021 to roll through northern Israel

Israel is open and cyclists are set to ride alongside Israel's injured veterans and members of the Israel Start-Up Nation cycling team – from October 17-21



Courage in Motion 2019 Photo: Idan Peled

(Toronto – October 13, 2021) – Israel has opened its doors to visitors and we are rolling through - through northern Israel, that is! From **October 17 - 21**, [*Courage in Motion*](#) (CIM) will have Canadian and international cyclists riding alongside Israel's injured veterans, victims of terror, and members of the Israel Start-Up Nation cycling team.

The long-standing annual [Beit Halochem Canada, Aid to Disabled Veterans of Israel](#) fundraising initiative supports the purchase of equipment and facilitates programming, including the increasingly popular cycling, at four leading-Beit Halochem rehabilitation centres across Israel. The fundraising efforts of cyclists also provide the opportunity for Beit Halochem's disabled members to participate in this extraordinary experience.

This year, cyclists will ride 50 – 120 kilometres daily, choosing from three fully supported routes offering various levels of challenge. No matter the route, each showcases Israel's lush landscape, including the magnificent Hula Valley and the remarkable historic sites of the Galilee, Tiberias, and the Golan Heights.

Lisa Levy is Beit Halochem Canada's Executive Director and an annual ride participant. She says, "We were disappointed to stay home last year and organizing this year's ride has certainly been challenging. However, it will be gratifying to watch Canadian cyclists ride alongside and connect with our Israeli veterans. The patience of the Canadians during the evolving situation, including Israel opening, closing, and opening again, has been exceptional, as is their commitment to follow protocol including much testing before getting on the plane.

Several have commented that their efforts pale in comparison to our Beit Halochem members' resilience in the face of adversity. This solidarity is much appreciated; during times of challenge, sustaining a sense of belonging, unity, and mutual responsibility takes on greater significance."

Delicious meals and nutritious snacks are provided and group activities follow each day's cycling. These include a sunrise ride in the Hula Valley, a sunset cruise with the veterans, and an incredible evening with Israel's Heroes who will share their inspiring stories.

More information on *Courage in Motion 2021* is [here](#).

-30-

Beit Halochem Canada, Aid to Disabled Veterans of Israel is committed to rehabilitating, rebuilding, and enhancing the lives of over 50,000 Israelis disabled in the line of duty or through acts of terror. Leading-edge Beit Halochem Centres in Jerusalem, Tel Aviv, Haifa, Beer Sheva, and the future Ashdod offer individualized therapies, specialized sports rehabilitation training, and cultural arts, and family-oriented activities. Academic scholarships are available as our veterans strive to be active and productive participants in Israeli society.

Follow Beit Halochem Canada on [Facebook](#)
Follow Beit Halochem Canada on [Instagram](#)
Follow Beit Halochem Canada on [Twitter](#)